

Three-Speed Exercise in Adi Tala (8 Beats)

Adi Tala

1 2 3 4 5 6 7 8

8
4

clap pinky ring middle clap wave clap wave

Ex 1

Ta ki ta Ta din gi na tom

Ta ki ta Ta din gi na tom Ta ki ta Ta din gi na tom

Ta ki ta Ta din gi na tom Ta ki ta Ta din gi na tom Ta ki ta Ta din gi na tom

Ex 2

Ta ka Ta din gi na tom

Ta ka Ta din gi na tom Ta ka Ta din gi na tom Ta ka Ta din gi na tom

Ta ka Ta din gi na tom Ta ka Ta din gi na tom Ta ka Ta din gi na tom Ta ka Ta din gi na tom

Ex 3

Musical notation for Exercise 3, consisting of three staves. The first staff shows a sequence of notes with lyrics: Ta, Ta, din, gi, na, tom. The second staff shows a similar sequence with some notes beamed together. The third staff shows a more complex rhythmic pattern with lyrics: Ta Ta din gi na tom Ta Ta din gi na tom Ta Ta din gi na tom. The notation includes various rhythmic markings such as accents, slurs, and rests.

Ex 4

Musical notation for Exercise 4, consisting of three staves. The first staff shows a sequence of notes with lyrics: Ta, din, gi, na, tom. The second staff shows a similar sequence with some notes beamed together. The third staff shows a more complex rhythmic pattern with lyrics: Ta din gi na tom Ta din gi na tom Ta din gi na tom Ta din gi na tom. The notation includes various rhythmic markings such as accents, slurs, and rests.